

Social Network Group



Likeminded people together, in an inclusive environment that is encouraging to social connection and emotional health.

When, where and what?

- Runs for 20 weeks.
- 3 hours once a week
- Free!
- Client led activities in the community.



Benefits:

Connecting you to purpose:

- Improve overall wellbeing.
- Build confidence to connect with others.
- Live well
- Improve social connections.
- Access to community sports or leisure activities
- Access to community support and services.



Further Information:
Please contact genU



TELEPHONE

Sarah: 0477013196



EMAIL

sarah.knell@genu.org.au

Eligibility:

People experiencing social isolation who are interested in forming friendships with people who share similar interests and need assistance to actively participate in their local community.

Under the age of 65 or under 50 years of age for Aboriginal and Torres Strait Islander people. These individuals are not connected to NDIS.

Live in City of Greater Geelong, Borough of Queenscliff or Surf Coast Shire



genu.org.au