



ST JOHN OF GOD

Horizon House

Providing accommodation and support to help vulnerable young people achieve independence

Information for professionals,
family and friends



About Horizon House

St John of God Health Care's Horizon House Program provides accommodation, care and support to young people aged 16 to 22 years who are currently experiencing, or are at serious risk of, homelessness.

We offer:

- Stable accommodation
- General counselling and support
- Supported links to specialist appointments
- Individualised case management
- A life skills program

All young people who live in a St John of God Horizon House must be engaged in education, training or employment as part of their journey towards independent living.

There are three stages within the Horizon House Program:

- 1) Accommodation and intensive support for a period of up to 12 months
- 2) Transitional accommodation and support for a period of up to 12 months
- 3) Outreach to support independent living for a period of up to 12 months

Young people may enter the St John of God Horizon House Program at any of these stages and are not required to access them in a particular order – we take an individualised, needs-based approach.

Specialist support is available for young mothers and Aboriginal youths in some locations, please see www.sjog.org.au/horizonhouse for more details.



Eligibility and criteria

To be eligible for the St John of God Horizon House Program, young people must satisfy the following criteria:

- Homeless or at serious risk of homelessness
- Aged 16-22 years
- Receiving a wage or Centrelink payment
- Willing to contribute towards their share of rent and utilities – the cost of rent is means tested dependent on income to ensure affordability for all residents
- Willing to fully participate in daily activities as agreed in their individual support plan e.g. school, work (voluntary), courses and counselling etc.
- Prepared to abide by the no smoking rule
- No current issues with alcohol and/or substance misuse

All St John of God Horizon House residents must have urgent ambulance cover.

Horizon House residents come from a wide variety of backgrounds. Many have experienced significant, and often complex, problems in their life. Our caregivers are there to help them access assistance from other providers (such as mental health care services) and provide regular counselling and emotional support.

How to make a referral

To refer a young person who satisfies the above criteria to St John of God Horizon House, please visit our website at www.sjog.org.au/horizonhouse to download a referral form.

If you do not have internet access, please contact (08) 6103 5686 if you are based in Western Australia or (03) 9278 1713 if you are based in Victoria.

We meet with all suitable applicants face-to-face and conduct reference checks prior to offering them a place in a Horizon House.



Locations

Visit: www.sjog.org.au/horizonhouse for a full list of locations and contact details for each of our Horizon Houses.

Additional information:

St John of God Horizon House exists to provide early intervention and case management strategies that focus on supporting young people aged 16-22 years by:

- Providing safe, stable long-term accommodation
- Supporting residents to set and achieve education and/or vocational goals
- Empowering residents to develop the life skills they will need in order to live independently
- Providing emotional and psychological support to enhance young people's resilience in coping with life's challenges
- Reconciling young people with their families when it is safe and appropriate to do so

All young people who live in a St John of God Horizon House must be engaged in education, training or employment as part of their journey towards independent living.

Values based care

The Horizon House model of care is based on St John of God Health Care's values of hospitality, compassion, respect, justice and excellence.

Contact us

Visit: www.sjog.org.au/horizonhouse to view the contact details for each of our Horizon Houses.

If you do not have internet access, please contact (08) 6103 5686 if you are based in Western Australia or (03) 9278 1713 if you are based in Victoria.

"The support is always there when you need it at Horizon House."

Lucy, 18 years old

"Stability was the main thing that helped me at Horizon House. I knew they would look after me and help me with anything."

Ryan, 16 years old

"Living in Horizon House has changed my life a lot, especially with my studies... without the help of Horizon House I would not have been able to finish school."

Mtima, 19 years old

"When I was looking for jobs I was really well supported by Horizon House and I got a kick up the backside when I needed it too! I'm now midway through my bricklaying apprenticeship."

Jesse, 16 years old



About St John of God Health Care

St John of God Horizon House is a Catholic not-for-profit health care provider. We provide Social Outreach services, which reach out to people experiencing disadvantage to improve health and wellbeing, as well as hospitals, home nursing and pathology services.

We strive to serve the common good by providing holistic, ethical and person centred care and support. We aim to go beyond quality care to provide an experience for people that honours their dignity, is compassionate and affirming and leaves them with a reason to hope.

St John of God Social Outreach

St John of God Social Outreach provides significant care and relief for people experiencing disadvantage throughout Australia, New Zealand and the Asia Pacific region, particularly in areas where gaps in health and wellbeing services have been identified. Our Social Outreach services are available to all members of the community and can be accessed free of charge or at minimal cost.

St John of God Health Care Inc.
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