



## Professional Development Training

### Session 1 Responding to Sexual Assault An Introduction

This training is designed to help you develop professional skills and confidence working with sexual assault & family violence issues.

#### Topics Covered Include:

- Responding to a disclosure
- Assessment and intervention
- Responding to needs, risk and safety plans
- Mandatory reporting guidelines
- Trauma and the brain
- Offender behaviour
- Barwon CASA services and referral

**Date: Wednesday 6<sup>th</sup> May 2015**  
**Time: 9.30 am – 4.30 pm**  
**Venue: Level 1, 59-63 Spring Street**  
**Geelong West 3218**  
**Cost: \$150.00**

### Session 2 Child Sexual Behaviours & Development: How to Assess and Understand

This training will assist you to understand the difference between normal and concerning sexual behaviours in children and to develop skills in responding appropriately.

#### Topics Covered Include:

- Understanding and assessing children's sexual behaviour
- Classifying normal, problematic and concerning sexual behaviours
- Responding to children's sexual behaviour including safety planning.
- Children, trauma and the nature of disclosures.

**Date: Wednesday 17<sup>th</sup> June 2015**  
**Time: 9.30 am – 4.00 pm**  
**Venue: Level 1, 59-63 Spring Street**  
**Geelong West 3218**  
**Cost: \$150.00**

### Session 3 Relational Trauma: Working with Families in the Aftermath of Sexual Assault

This workshop will highlight the healing potential within families.

The workshop will include:

- A theoretical and practical framework for a relational therapeutic approach with members of the family.
- Exploration of the role of the adult offender in creating divisions in the family.
- Exploration of complex attachments to the adult offender.
- A relational approach with parents and their child who has exhibited sexually abusive behaviours.

**Date: Friday 17<sup>th</sup> July 2015**  
**Time: 9.30 am – 4.00 pm**  
**Venue: Level 1, 59-63 Spring Street**  
**Geelong West 3218**  
**Cost: \$150.00**

### Session 4 The Porn Factor: Making Violence Sexy?

This training is led by **Maree Crabbe**, whose work on pornography is delivered across Australia and internationally. [www.itsstimewetalked.com](http://www.itsstimewetalked.com)

Readily available and aggressively marketed online, exposure to hardcore pornography is now mainstream. Porn has become a default sex educator for many young people, with serious implications for their capacity to negotiate free and full consent, for mutual respect, for sexual health, and for gender equality. As a result there is growing concern, both in Australia and internationally, that porn's influence is contributing to cultural conditions that cultivate sexual assault

**The workshop will build participants' knowledge of porn's influence and explore how we can address it, including the implications for risk assessment and treatment of sexually abusive youth**

**Date: Wednesday 5<sup>th</sup> August 2015**  
**Time: 9.30 am – 4.30 pm**  
**Venue: Level 1, 59-63 Spring Street, Geelong West**  
**Cost: \$200.00**

### Session 5 Sexually Development & Sexually Abusive Behaviours in Adolescents How to Assess and Understand

This basic training is designed for professionals who encounter sexually abusive behaviours in adolescents. To understand why some young people sexually abuse and to recognise factors that may lead to, or support, sexually abusive behaviours.

#### Topics Covered Include:

- Current theory of adolescent sexual offending
- Understanding behaviours & criminality
- Assessment of risk
- Indicators of elevated risk
- Assessment framework
- Develop & implement risk management plans

**Date: Wednesday 2<sup>nd</sup> September 2015**  
**Time: 9.30 am – 4.30 pm**  
**Venue: Level 1, 59-63 Spring Street**  
**Geelong West 3218**  
**Cost: \$150.00**

### Session 6 ASIST Training

ASIST is a two-day interactive workshop in suicide first-aid. ASIST teaches participants to recognise when someone may be at risk of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—ASIST can be learned and used by anyone

**Date: 30<sup>th</sup> Sept 2015 & 1<sup>st</sup> October 2015**  
**Time: 9.00 am – 4.30 pm**  
**Venue: Level 1, 59-63 Spring Street**  
**Geelong West 3218**  
**Cost: \$200.00**

## Seminar Series

### Seminar 1 Vicarious Trauma

'Vicarious Trauma (VT) is the experience of symptoms that can result from being repeatedly exposed to other people's trauma, and their stories of traumatic events. We are impacted by the stories of others because we empathise, and when we empathise we bring something of their emotional responses into our own experience.

This training explores what VT is; why we experience it; how it can impact on us; factors that leave us more vulnerable to it; and what we can do to protect ourselves from it.

**Date: Wednesday 13<sup>th</sup> May 2015**  
**Time: 1.30pm – 4.00 pm**  
**Venue: Level 1, 59-63 Spring Street**  
**Geelong West 3218**  
**Cost: \$60-00**

### Seminar 2 Introduction to the Prevention of Violence against Women

This seminar will be helpful for professionals practicing in all working environments, who wish to learn more about violence against women and its prevention. Areas covered include sexual assault, family and intimate partner violence, what it is, what it looks like, the causes, what is being done both state and nationally, and what you can do to prevent violence against women.

**Date: Thursday June 11<sup>th</sup> 2015**  
**Time: 9.30 am -12.30 pm**  
**Venue: Level 1, 59-63 Spring Street**  
**Geelong West 3218**  
**Cost: \$60-00**

### Seminar 3 Vortex of Violence Training

Barwon CASA will be presenting Ann Carrington's conceptual tool "Vortex of Violence". This practice tool and model are an expansion of the "Cycle of Violence" "that shifts focus from explaining the dynamics of an abusive relationship to the lived experience of women and the development of a personal /therapeutic template for healing and reclaiming their lives

**Date: Wednesday 23rd September 2015**  
**Time: 9.30 am – 12.30 pm**  
**Venue: Level 1, 59-63 Spring Street**  
**Geelong West 3218**  
**Cost: \$60-00**

### Seminar 4 Trauma & the Brain

This workshop is designed for professionals that are responding to clients who have experienced trauma. It will:

- Increase understanding of the impact of trauma on the brain and body
- explore the use of the 'window of tolerance' when working therapeutically
- provide effective grounding strategies for people who experience trauma 'triggers'.

**Date: Friday 16<sup>th</sup> October 2015**  
**Time: 9.30 am – 12.30 pm**  
**Venue: Level 1, 59-63 Spring Street**  
**Geelong West 3218**  
**Cost: \$60-00**



# Barwon CASA

COUNSELLING SERVICES

Professional Training/Seminar Calendar 2015

## Registration, Cost & Cancellation Details

### Cost are as detailed per person, per session (GST inclusive)

Training - Includes morning tea, lunch & materials

Full payment must be received with this application. Registrations will not be confirmed until payment has been received.

Sessions will be limited to 20 participants.

Attendance is through prior registration only

**Registration Cancellation: Refunds will only be given with at least one weeks notice.**

### Payment via Direct Deposit:

**BSB:** 063-512 **Acc:** 914-133

**Ref:** Surname & Session No

Email: [admin@barwoncasa.org](mailto:admin@barwoncasa.org) to advise of direct credit payment details

ABN: 93 316 567 100

### Registration/Tax Invoice

Please complete and return with payment:

Name: \_\_\_\_\_

Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Dietary Requirements: \_\_\_\_\_

## Professional Development Training

## Seminar

Session	Please indicate	Seminar	Please indicate
<b>Session 1</b> Responding to Sexual Assault an Introduction Wednesday 06/05/2015 \$150-00	<input type="checkbox"/>	<b>Seminar 1</b> Vicarious Trauma Wednesday 13/05/2015 \$60-00	<input type="checkbox"/>
<b>Session 2</b> Child Sexual Behaviours & Development – How to understand and assess and understand Wednesday 17/06/2015 \$150-00	<input type="checkbox"/>	<b>Seminar 2</b> Introduction to the Prevention of Violence Against Women Thursday 11/06/2015 \$60-00	<input type="checkbox"/>
<b>Session 3</b> Relational Trauma: Working with families in the aftermath of sexual assault Wednesday 17/07/2015 \$150-00	<input type="checkbox"/>	<b>Seminar 3</b> Vortex of Violence training Wednesday 23/09/2015 \$60-00	<input type="checkbox"/>
<b>Session 4</b> Eroticising Inequality: pornography, young people and sexuality? Wednesday 05/08/2015 \$200-00	<input type="checkbox"/>	<b>Seminar 4</b> Trauma & the Brain Friday 16/10/2015 \$60-00	<input type="checkbox"/>
<b>Session 5</b> Sexually Abusive Behaviours & Development: How to assess and understand Wednesday 02/09/2015 \$150-00	<input type="checkbox"/>		
<b>Session 6</b> ASIST Training Wednesday 30/09/2015 and Thursday 01/10/2015 \$200-00	<input type="checkbox"/>		

### Barwon CASA

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