

# KICKING A BALL HELPS PEOPLE FEEL GOOD



The Big Issue's Community Street Soccer Program uses the power of sport to promote social inclusion and personal change for homeless, marginalised and disadvantaged people.

## HOW DOES IT WORK?

- It's FREE
- Males & females 16 years +
- Once a week
- Opportunities for players to link to services that address their individual needs
- Soccer activities & matches, special events & initiatives

## BENEFITS FOR STREET SOCCER

### PARTICIPANTS INCLUDE:

- Social inclusion and improved links with the community
- Re-connection with family
- Improved confidence and self-esteem
- Improved mental health
- Improved health & fitness
- A sense of belonging

## HOW CAN YOU HELP?

- Refer clients to Street Soccer & incorporate the program into support structure
- Bring participants to Street Soccer for them to see how it is run
- Coordinate transport for participants to attend Street Soccer or tell them how to get there



**“YOU MEET PEOPLE, HANG OUT WITH MATES, AND YOU’RE NOT SMOKING, YOU’RE NOT DRINKING, YOU’RE NOT POPPING PILLS. IT’S LIKE HANGING OUT WITH A REALLY GOOD BUNCH OF PEOPLE AND THEY’RE ALL GETTING THEIR LIFE BACK TOGETHER”**

COMMUNITY STREET SOCCER PARTICIPANT

## YOUR NEAREST COMMUNITY STREET SOCCER PROGRAM IS:

### Geelong Street Soccer

Thursday 4pm – 6pm

Leisuretime Centre

262 – 282 Anakie Road, Norlane

Coordinator: [geelongsoccer@bigissue.org.au](mailto:geelongsoccer@bigissue.org.au)