

Connect



Connect is a trauma informed group for mothers and their children with a focus on strengthening relationships through play, craft, music and relational games. The group will provide resources and practical skills for women to find new and creative ways to manage difficult emotions and respond to their children.

WHO IS THE GROUP FOR?

- Children from Prep to Grade 3 who have experienced the trauma of sexual assault or family violence and their mothers or female carers
- Children and mothers are required to be living with a level of safety and stability to participate in the group
- The family requires additional support (e.g. case manager, counsellor) throughout the course of the group

GROUP DATES: AUGUST 23RD 2016 - DECEMBER 6TH 2016

The first 7 sessions will be with mothers/female carers only and the following sessions will be for mothers and their child. Sessions will run Tuesday afternoons commencing August 23rd and finishing December 6th. There will be no sessions during the School Holidays.

Women's Sessions: Tuesdays 12.30-3pm

Women and Children Sessions: Tuesdays 1.30-3pm

LOCATION

All group sessions will be held at Barwon CASA in our Group Room:

Level 1, 59 - 63 Spring Street

Geelong West Vic 3228

ENQUIRIES

If you or a family you know may be interested in attending, please contact Joh Donkers, Imogen O'Neill or Ashleigh Warner on (03) 5222 4318 **BY JULY 22ND.**

LIMITED PLACES AVAILABLE.